



ALL WE
NEED
IS A BEAT

A TOTAL BLAST !



ZUMBA POP

with Katherine Lopez

Day : Every Friday

Time : 5:00pm-6:00pm

Fee : \$150 per class

Age : 7 – 10 years

Venue : Studio A 2/F

Note : Starts in October

Zumba POP classes feature kid-friendly routines based on original zumba choreography. We break down the steps, add games, activities and cultural exploration elements.

The class helps to develop a healthy lifestyle and incorporate fitness as a natural part of children's life by making fitness fun.

Bring your friends along and come and give it a try. Let's get into the groove and ZUMBA POP.

NEW



For enquiries and registration please contact the Fitness Centre on 2657 8292