

JAZZ FUNK

Dance Class for Adults

Jazz Funk class is a combination of hip hop, funky jazz and sexy movement styles. The class includes core muscles training which helps to sculpt your body. It's energizing, increase your fitness level, stamina and lots of funky dance fun.


Day : Every Tuesday

Time : 7:00pm-8:00pm

Cost : \$220 per class

Age : 16 years and above

Venue : Studio A 2/F



Miss Kathy Chau Graduated from Dip. In Dance (HKAPA) – Former full time dancer of Hong Kong Disneyland (2002-2010) - Trained in Queensland Dance Academy - Teaching dancing & music in kinder garden & organization - solid experience in teaching kids and adults in K-pop, Chinese Dance & Jazz funk.

To sign up, scan the QR code or call The Fitness Centre on 2657 8292 for enquiries.