



Effective 1 Oct 2018

# PERSONAL TRAINING

## Private Training Fees

**1hr : \$650**

**(\$5,950 for 10 sessions)**

**(\$10,950 for 20 sessions)**

**30mis : \$350**

**(\$3,300 for 10 sessions)**

**(\$5,800 for 20 sessions)**

## Semi-Private Training

**1hr / 2pax : \$370 each**

**(\$3,400 for 10 sessions)**

**(\$6,100 for 20 sessions)**

Guest are welcome, a 10% surcharge will apply to the listed fee

Personal Training packages

10 sessions are valid for 5 months form date of purchase

20 sessions are valid for 10 months from date of purchase