

## **Private Training Fees**

**In House PT 1hr : \$715**  
**(\$6,500 for 10 sessions)**  
**(\$12,000 for 20 sessions)**  
**Freelance 1hr: \$760**  
**(\$7,000 for 10 sessions)**  
**(\$13,000 for 20 sessions)**

**In House PT 30mis : \$385**  
**(\$3,600 for 10 sessions)**  
**(\$6,400 for 20 sessions)**

## **Semi-Private Training**

**In House PT 1hr / 2pax : \$410 each**  
**(\$3,750 for 10 sessions)**  
**(\$6,900 for 20 sessions)**

**Freelance PT 1hr: \$440**  
**(\$4000 for 10 sessions)**  
**(\$7,200 for 20 sessions)**

Guest are welcome, a 10% surcharge will apply to the listed fee

## **Personal Training packages**

10 sessions are valid for 5 months form date of purchase

20 sessions are valid for 10 months from date of purchase